



GLUTEN-FREE MENU

SUSHI ROLLS

KING CRAB CALIFORNIA	13.95
GARDEN - BEETS, AVOCADO, CUCUMBER	11.95
SPICY SHRIMP & KING CRAB	14.95
TUNA & THAI BASIL - AVOCADO, WASABI CREAM	13.95
RAINBOW - YELLOWTAIL, TUNA, SALMON, CRAB	15.95
HAMACHI & SERRANO CHILI	13.95

COOL PLATES

CHICKPEA HUMMUS	8.95
FRESH VEGGIES	
GUACAMOLE & TORTILLA CHIPS	11.95
HENRY FARMS AVOCADOS, ROASTED TOMATO SALSA	
SHRIMP & AVOCADO CEVICHE	14.95
PINEAPPLE, WASABI, JALAPEÑO	
AHI TUNA POKE	14.95
GINGER SOY, AVOCADO	

WHAT'S HOT

THREE GREEN BITES	11.95
EDAMAME, SHISHITO PEPPERS, STEAMED GREEN BEANS	
PULLED CHICKEN NACHOS	14.95
GUACAMOLE, TOMATO SALSA, CHEDDAR & OAXACA CHEESES	
NOTE: YOU MAY SUBSTITUTE BRAISED SHORT RIB FOR CHICKEN	ADD 5

SIX SALADS COUNT 'EM

ARUGULA CAESAR	9.95
BABY ARUGULA, PARMESAN, LIGHT LEMON DRESSING	
BRUSSELS SPROUTS SALAD	11.95
MEDJOOOL DATES, ALMONDS, MANCHEGO CHEESE, MUSTARD VINAIGRETTE	
KALE & AVOCADO SALAD	12.95
GRAPEFRUIT, WALNUTS, SUNFLOWER SEEDS, CRANBERRIES	
ASIAN CHOPPED CHICKEN SALAD	13.95
PEANUTS, LEMONGRASS, KAFFIR LIME, RED ONION	
TURKEY CHOPPED SALAD	13.95
BACON, EGG, TOMATOES, CUCUMBER, CAULIFLOWER, GARBANZO BEANS, BLUE CHEESE	
CHIPOTLE GRILLED CHICKEN	13.95
MIXED GREENS, CORN, AVOCADO, BLACK BEANS, CHIPOTLE LIME VINAIGRETTE	

SOFT TACOS & MAS

WE GRIDDLE OUR CORN TORTILLAS FRESH TO ORDER.
TACOS SERVED WITH RICE, BLACK BEANS AND GUACAMOLE

VEGETARIAN TACOS	15.95
SIMPLY GRILLED PEPPERS, PORTOBELLO MUSHROOMS, BUTTERNUT SQUASH	
ALL-NATURAL BRAISED CHICKEN TACOS	15.95
SLOW SIMMERED WITH JALAPEÑOS, TOMATOES AND ONIONS	
SLOW-COOKED PULLED PORK TACOS	16.95
BRAISED NIMAN RANCH PORK SHOULDER	
PREMIUM GRILLED FISH TACOS	18.95
HOUSEMADE BAJA RUB, CHOPPED CABBAGE SLAW	
FILET MIGNON STEAK TACOS	19.95
GRILLED TENDERLOIN COOKED TO YOUR LIKING	
CHICKEN ENCHILADA STACK	12.95
SPICY BRAISED ORGANIC CHICKEN, SALSA VERDE	

BUN-LESS BURGERS

FIRST-RATE PRIME CHEESEBURGER	13.50
FULLY DRESSED, SERVED WITH HAND-CUT HUB FRIES	
EL SEGUNDO SOL BURGER	13.50
CHIHUAHUA CHEESE, JALAPEÑO SLAW, PICKLED RED ONION, SPICY MAYO	
TURKEY BURGER	12.95
HOUSE RECIPE ALL-NATURAL GROUND TURKEY, ALL THE FIXINGS	
REALLY GOOD AHI TUNA BURGER	16.95
NO. 1 TUNA, AVOCADO, TOMATO, LETTUCE, MAYO, MUSTARD, GINGER	

THINGS WE PUT ON PLATES

FRESH GRILLED SALMON	23.95
SEASONAL MARKET VEGETABLE	
GRILLED ADOBO CHICKEN	19.95
CAULIFLOWER COUS COUS, CHIPOTLE AIOLI	
STEAK FRITES	26.95
CHAR-BROILED NEW YORK STRIP, CHIPOTLE BÉARNAISE SAUCE, HAND-CUT FRIES	
BRAISED BEEF SHORT RIBS	23.95
CREAMED CORN, CHARRED TOMATO SALSA, RAJAS	
SEARED AHI TUNA	24.95
SOY-GINGER MARINADE, COCONUT CURRY RICE	

ASK FOR A MANAGER IF YOU HAVE ANY QUESTIONS OR CONCERNS.
FOR DESSERT, CHECK OUT OUR GLUTEN-FREE RASPBERRY SORBET,
VANILLA ICE CREAM OR BUTTERSCOTCH POT DE CRÈME MINI